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Division of Aging

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Division of Aging Update
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Aging Boards and Commissions Vacancies

Serving on boards or commissions is a significant and meaningful way to participate in civic life. Members share their expertise while contributing to shaping their communities. People often choose to serve as a means to share diverse viewpoints and have great learning opportunities. If any of this sounds like you, consider applying for one of the available vacancies on the Division of Aging's Community and Home Options to Institutional Care for the Elderly and Disabled (CHOICE) Board or the Commission on Aging.

The **CHOICE Board** was established in Indiana statute by [IC 12-10-11](#). Members are charged with establishing long-term goals of the state for the provision of a continuum of care for the elderly and individuals with a disability, among other responsibilities. The board consists of fifteen (15) members, whose terms are for two years. The following vacancies currently exist:

- One citizen nominated by two statewide organizations that represent senior citizens or individuals with dementia;
- One citizen nominated by one (or more) statewide organization(s) that represent individuals with disabilities, including those under the age of 18 years of age; and
- A provider with services under [IC 12-10-10](#).

The **Commission on Aging** was established in [IC 12-10-2](#). Among other duties, its members are to encourage the study and discussion of the problems of the aging and the aged. The Commission consists of 16 members, no more than eight of whom may be from the same political party. Members must be Indiana residents with an interest in the problems of the aging and aged, with one member from each of Indiana's nine congressional districts. The remaining members are appointed at large; however, not more than two residents of those members of the same county may be appointed. Commission members serve for four years.

In addition to vacancies in the 3rd (Northeastern Indiana) and 9th (Southern Central Indiana) congressional districts, the Commission currently has one at-large vacancy.

For information on how to apply and an application please visit the [Governor's Boards and Commissions Web page](#).



There's an app for that!

Family caregivers juggle so many tasks from managing medications, meals, and healthcare appointments to providing often complex chronic care, while balancing these needs with their own daily lives.

The University of Southern California (USC) Davis School of Gerontology is conducting a pilot study at its own Family Caregiver Support Center (FCSC) to see if the latest technology can have a positive effect on the quality of life for those receiving and providing care. USC has partnered with a mobile technology developer to provide care planning and HIPAA-compliant, secure, electronic support resources to clients and their families.

The mobile app will allow family caregivers to create a list of care activities with help from the FCSC, access their loved one's care plan, receive reminders, check off completed tasks, and send texts to FCSC staff. In addition to giving FCSC staff members the ability to access the information, send feedback, and see if the caregiver needs assistance, the app will also offer caregivers self-care reminders as well as relaxation tips.

The FCSC will begin using the app in early 2017. Read more [by clicking here](#).

Stay Informed

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